



**Texas Association for
 Play Therapy
 29th Annual Conference
 February 4-6, 2022
 Austin, Texas**

Friday, February 4, 2022

Time	Event	Location
7:30am – 8:30am	Registration, Breakfast, & Exhibit Hall Opens	
8:30am – 9:00am	Opening Presentation and Chapter Networking	Omni A, B & C
9:00am – 12:30pm	3-hour (Group A) OR 1.5-hour (Group B & C) morning sessions	See mobile app
10:30am – 11:00am	Break & Exhibits	The Oaks
12:30pm – 2:00pm	Lunch	Omni D, E & F
2:00pm – 5:30pm	3-hour (Group D) OR 1.5-hour (Group E & F) afternoon sessions	See mobile app
3:30pm – 4:00pm	Break & Exhibits	The Oaks
5:45pm – 6:45pm	Networking Reception (REGISTRATION REQUIRED): Join us for hors d'oeuvres and drinks as we regather as transformative play therapists!	See mobile app

Morning Options: One 3-hour session or Two 1.5-hour sessions

3-Hour Morning Sessions: 9:00 am – 12:30 pm (30-minute break at 10:30 am)

A1: Embodied Grief: Using Relational Play to Heal the Spirits of Children

Renee Turner, Ph.D., LPC-S, RPT-S

In this training, we will explore complex and disenfranchised grief in children through a neurobiological lens with an emphasis on attachment using play therapy as the change agent. We will explore the complex grief experiences of the pandemic and the corresponding cascade of non-death losses.

Level: Beginner; Primary Area: Special Topics; Content Focus: Special Topics/Grief;

Theoretical Basis: Gestalt

A2: Nuts and Bolts of Cognitive Behavioral Play Therapy

Lisa Remey, MEd, LPC-S, RPT-S, NCC, IPT-CST

This workshop will explore the foundations of cognitive behavioral play therapy (CBPT), applying tenants of cognitive behavioral therapy (CBT) to play therapy sessions. Common misconceptions regarding CBPT will be identified while applying developmental theory for working with children and teens.

Level: Beginner; Primary Area: Seminal Theories; Content Focus: Foundational Theories; Theoretical Basis: Cognitive Behavioral

1.5-hour Morning Sessions: 9:00am–10:30 am

B1: Embracing the Body: A Gestalt Play Therapy Approach to Body Image Culture

Toni Davis, MA, LPC, RPT

As clients navigate the world, their bodies experience judgment from the surrounding cultural standards. Using a Gestalt Play Therapy approach to these experiences, clients can learn through play the needs of their bodies to move towards change.

Level: Intermediate; Primary Area: Special Topics; Content Area: Diversity; Theoretical Basis: Gestalt

B2: Working with Children Diagnosed with ASD who have experienced Sexual Abuse: Therapeutic Considerations

Jeffrey Sullivan, Ph.D., LPC-S, RPT

Children with ASD who have experienced sexual abuse (SA) face unique challenges. Play Therapy approaches often require modifications to meet children with ASD where they are. This workshop will discuss features of ASD, treatment recommendations, and strategies for helping children recover from SA.

Level: Intermediate; Primary Area: Special Topics; Content Focus: Trauma; Theoretical Basis: Developmental

B3: How to Provide a Culturally Competent Parent Intake

Kimberly King, Ph.D., LPC-S, RPT-S, Huan (Lillian) Chen, Ed.S., MS, LPC Associate & Madison Walker, M, NCC, LPC Associate

This presentation will discuss ways to broach culture and race in the parent intake. We will discuss ways play therapists can infuse their intakes and parent consults with culturally appropriate questions. A demonstration will also be provided.

Level: Intermediate; Primary Area: Skills & Methods; Content Focus: Special Topics/Intake; Theoretical Basis: Existential

FULL B4: Transformation through Creativity: Integrating Humanistic Expressive Arts with Adolescents

Leslie Jones, Ph.D., LPC-S, RPT, Tamara Iliff, MS, LPC, NCC, RPT, MT-BC, & Regine Chung, MS, LPC Associate

Expressive arts activities offer avenues for adolescents to explore and process internalized emotions and experiences. Participants will learn the rationale and skills of integrating creative processes in play therapy through a humanistic perspective. Considerations for telehealth will be discussed.

Level: Intermediate; Primary Area: Skills & Methods; Content Focus: Expressive Arts Application; Theoretical Basis: Humanistic

1.5-hour Morning Sessions: 11:00am–12:30pm

FULL C1: Getting Ready to Work with Parents: Activities to Build Competencies for Play Therapists

Ahou Line, MS, LPC, CSC, CCPT-S, NCC & Dee Ray, Ph.D., LPC-S, NCC, RPT-S

This session will provide supervisors and play therapists with experiential activities that support play therapists and increase competencies in working with parents. Activities will target assessment, goal setting, cultural competence, and empathic understanding in parent consultation.

Level: Advanced; Primary Area: Skills & Methods; Content Focus: Special Topics; Theoretical Basis: Child-Centered

FULL C2: Widening the Window of Tolerance with Trauma in Play Therapy

Rhonda Johnson, Ph.D., LPC, LMFT, RPT-S

Participants will be able to identify how complex trauma develops and impacts the brain, memory, body, and play therapy behaviors. Incorporating play therapy Interventions based on trauma responses can widen the window of tolerance and bring self-regulation.

Level: Intermediate; Primary Area: Skills & Methods; Content Focus: Trauma; Theoretical Basis: Gestalt

C3: Seeing the Playroom Through a Multicultural Lens

Ana Guzmán, MS, LPC, RPT

Serving bilingual families in a primarily English-speaking setting is both challenging and full of opportunities. We will discuss how we can hold space for Latinx families and use play therapy to instill hope and foster healing.

Level: Beginner; Primary Area: Special Topics; Content Focus: Diversity; Theoretical Basis: Cognitive Behavioral

C4: Play Therapy to improve Academic Achievement: Cultural Implications

Ryan Holliman, Ph.D., LPC, RPT-S, PJ Blanco, Ph.D., LPC-S, RPT-S, CHST & Erika Rodriguez, MS, CSC

Play therapy can help report cards! In this presentation learn about play therapy for academic achievement, the evidence for the approach, and what research says about applying it to different cultural groups.

Level: Intermediate; Primary Area: Special Topics; Content Focus: Play Therapy Research; Theoretical Basis: Child-Centered

Afternoon Options: One 3-hour session or Two 1.5-hour sessions

3-hour Afternoon Sessions: 2:00pm – 5:30pm (30-min break at 3:30pm)

D1: Surviving and Thriving as a Play Therapist in a Post Pandemic World

Pam Dyson, MA, LPC-S, RPT-S

The pandemic has impacted how we facilitate play therapy. The stress felt by our clients may take an emotional toll on us that can compromise client care. This workshop will explore how the therapeutic powers of play can manage the stress and anxiety of our play therapy clients and ourselves.

Level: Intermediate; Primary Area: Special Topics; Content Focus: Special Topics/Anxiety; Theoretical Basis: Cognitive Behavioral

D2: Using Adlerian Play Therapy and Neuroscience to Address Emotional Dysregulation

Robyn Rausch, MA, LPC-S, RPT-S

This workshop will discuss the foundations of Adlerian Play Therapy and then apply them to current neurobiological research giving play therapists skills to help kids develop emotional regulation skills with kids and help parents support this development at home.

Level: Beginner; Primary Area: Skills & Method; Content Focus: Child Development & Lifespan; Theoretical Basis: Adlerian

1.5-hour Afternoon Sessions: 2:00pm-3:30pm

E1: All Inclusive Play: A Guide to Play Therapy in Diverse Communities

Allena Anderson, Ph.D., LPC, RPT

Play Therapy is an effective way to support children in their mental health needs. This workshop will provide resources for play therapist supporting children of color. The following will be discussed: inclusion, strategies for building the therapist/child relationship, & parental partnerships.

Level: Beginner; Primary Area: Skills & Methods; Content Focus: Diversity; Theoretical Basis: Choice/Reality Therapy

FULL E2: Trauma Across Children's Developmental Stages

Leslie Boutte, MS, LPC-S, RPT-S, Lauren Copenhaver, LPC & Ana Guzmán, MS, LPC, RPT

A child's developmental stage has a significant impact on how they present in the playroom. It is vital for play therapists to understand how developmental stages present in play therapy, normative sexual development, and how trauma can impact development and resulting play.

Level: Beginner; Primary Area: Skills & Methods; Content Focus: Child Development/Lifespan; Theoretical Basis: Developmental

FULL E3: How to Recognize and Work with Suicidal Children

Kimberly King, Ph.D., LPC-S, RPT-S, Madison Walker, MS, NCC, LPC Associate & Huan (Lillian) Chen, Ed.S., MS, LPC Associate

This presentation will cover symptoms exhibited by suicidal children in the playroom. We will discuss how to address symptoms with children and how-to safety plan with parents.

Level: Intermediate; Primary Area: Skills & Methods; Content Focus: Special Topics; Theoretical Basis: Existential

E4: Best of Both Worlds: Facilitating Immigrant Children's Bicultural Identity Development in Play Therapy

Ahou Line, MS, LPC, CSC, CCPT-S, NCC, Regine Chung, MS, LPC Associate, & Sarah Tucker, Ph.D., LPC, NCC, RPT

The growth of the immigrant population in the U.S. suggests an increased likelihood of children exploring bicultural identity and acculturation in play therapy. We will explore immigrant children's cultural identity development and provide guidance on broaching and other practical skills.

Level: Intermediate; Primary Area: Special Topics; Content Focus: Diversity; Theoretical Basis: Child-Centered

1.5-hour Afternoon Sessions: 4:00pm-5:30pm

FULL F1: Solution-Focused Play Therapy: Finding Treasures

Becky Taylor, Ph.D., LPC-S, LMFT, RPT-S & Elizabeth Kjellstrand Hartwig, Ph.D., LMFT-S, LPC-S, RPT-S

Solution-focused play therapy (SFPT), a strength-based approach to play therapy, helps children and adolescents work through challenges by building on internal and external resources. This interactive workshop will demonstrate how to employ SFPT with children at different developmental levels.

Level: Beginner; Primary Area: Burgeoning Approaches; Content Focus: Theoretically-Based Play Therapy Interventions; Theoretical Basis: Solution-Focused

F2: Cultural Opportunities in Play Therapy for Latinx Clients

Mónica Rodríguez Delgado, MA, LPC, NCC, RPT & Elizabeth Aguilar, MS, LPC Associate, NCC

In this interactive presentation participants will explore the experiences of Latinx children and their families. The presenters will focus on ways monolingual and bilingual play therapists can practice culturally inclusive child-centered play therapy in and out of the playroom.

Level: Intermediate; Primary Area: Special Topics; Content Focus: Diversity; Theoretical Basis: Child-Centered

F3: Opportunities in Play Therapy with Children in Poverty

Sarah Tucker, Ph.D., LPC, NCC, RPT & Dee Ray, Ph.D., LPC-S, NCC, RPT-S

This session is designed to support play therapists' competencies in working with children in poverty. Activities will include clinical play therapy case-examples, strategies for selecting facilitative therapeutic responses in play therapy, and an exploration of advocacy considerations.

Level: Intermediate; Primary Area: Skills & Methods; Content Focus: Diversity; Theoretical Basis: Child-Centered

FULL F4: From Perfect to Good Enough: Play Therapy Strategies to Help Children with Maladaptive Perfectionism

Sinen Akay-Sullivan, Ph.D., LPC-S, RPT-S

Maladaptive perfectionism is associated with a variety of psychological issues including eating disorders, depression, anxiety, and OCD. This presentation will provide play therapy strategies to help children with maladaptive perfectionism to transform into healthier and happier people.

Level: Intermediate; Primary Area: Skills & Methods; Content Focus: Special Topics; Theoretical Basis: Adlerian

Saturday, February 5, 2022

Time	Event	Location
7:30am – 8:30am	Registration, Breakfast, & Exhibit Hall Opens	
8:30am – 11:45am	<i>The Heroic Journey of Transformation for Children in Play Therapy – Part 1</i> (includes 15-min. break)	Omni A, B & C
11:45am – 12:15pm	Break & Exhibits	The Oaks
12:15pm – 1:15pm	Luncheon & General Business Meeting	Omni D, E & F
1:15pm – 1:30pm	Break & Exhibits	The Oaks
1:30pm – 5:00 pm	<i>The Heroic Journey of Transformation for Children in Play Therapy – Part 2</i> (includes 15-min. break)	Omni A, B & C

Saturday Keynote Presentation

The Heroic Journey of Transformation for Children in Play Therapy

JP Lilly, MS, LCSW, RPT-S

The entire process of play therapy coincides with the mythological heroic journey. Using Joseph Campbell's landmark publication, *The Hero with a Thousand Faces*, as a guide, this presentation will first examine the stages and steps to the heroic journey. Through the use of, and within the context of Jungian Analytical Play Therapy theory, the heroic journey will be presented as it unfolds in the reality of play therapy. The twelve different stages of the hero's journey will be integrated into the context of play therapy, demonstrating unmistakably that the child and the therapist both have unique heroic roles in the course of conducting play therapy. While there are many theoretical differences between practitioners of play therapy today, this presentation is about our similarities, showing that our differences are much less profound when we examine the child's journey through the structured eyes of the myth of the hero. To illustrate what happens when healing occurs, we will view a recorded session and examine a five-year old boy's journey to that end. As often happens, the journey of trials did not end with the hero's treatment with us. With this hero, the trials came again and again. Through recorded interviews, we will hear from this hero. He had many trials after his initial therapy. The strength that he forged in his therapy at five years old, however, sustained him. He is now 31 years of age and he will share the additional chapters to his own heroic journey.

Sunday, February 6, 2022

Time	Event	Location
7:30am – 8:30am	Registration, Breakfast, & Exhibit Hall Opens	
8:30am – 11:45am	Sunday Sessions (3 CE's; includes a 15-minute break)	See mobile app

Sunday Options: Choose One 8:30am-11:45pm

G1: Ready, Set, Grow! Transforming Supervisees Through Strengths-Based Play Therapy Supervision

Elizabeth Kjellstrand Hartwig, Ph.D., LMFT-S, LPC-S, RPT-S

Through the process of play therapy supervision, practitioners experience growth-fostering opportunities in the process of becoming credentialed play therapists. Strength-based play therapy supervision is a process in which supervisors and supervisees collaboratively assess and build upon supervisee strengths and in which supervisee contributions to supervision are valued. In this workshop, we will explore key concepts to strengths-based supervision through four experiential activities. These expressive activities will utilize art, sandtray, and other resources to help play therapy supervisors to identify their own strengths and future goals, facilitate supervisee awareness and goal setting of clinical skills, and promote strength-based case consultation using sandtray. Join us for this playful supervision workshop!

Level: Advanced; Primary Area: Special Topics; Content Focus: Supervision; Theoretical Basis: Strengths-Based & Solution-Focused

FULL G2: Following the Rules: Texas Ethics and Play Therapy

Mary Bennett, Ph.D., LPC-S, RPT-S, Certified CCPT-T, Certified CPRT-T

This seminar will meet the requirements for Texas Ethics (1 hour) and general ethics (3 hours) as required by the Texas LPC Board. We will discuss some unique aspects of the ethical code in working with children and families in play therapy. The *Ethical Code of the American Counseling Association* will also be reviewed as it pertains to play therapy.

Level: Beginner/Intermediate; Primary Area: Special Topics; Content Focus: Ethics; Theoretical Basis: N/A



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